

## OLD XAVS SHIELD FINAL TEAM 2016!

### UNDER 16 MEN - Team Captain - Lucas Spaleta

EVENT	TIME	ATHLETE	ATHLETE	ATHLETE	ATHLETE	EMERGENCY
TRIPLE	11.00am	Ed Durand Kennedy	Zac Hart			Lucas Spaleta
200mH	11.50am	Dili De Silva	Oscar Hunter			Lucas Spaleta
HIGH	1.00pm	Ed Durand Kennedy				
200m	2.05pm	Dili De Silva	Zac Hart	Gab Zabotto	Lucas Spaleta	Ed Durand Kennedy
SHOT	3.00pm	James Ward	Lucas Spaleta			Ed Durand Kennedy
800m	3.55pm	Oscar Hunter	James Ward	Gab Zabotto	Lucas Spaleta	
HAMMER	5.00pm	Ed Durand Kennedy				
4x400m	6.25pm	Dili De Silva	Oscar Hunter	James Ward	Zac Hart	Gab Zabotto
3000m						

### UNDER 20 MEN - Team Captain - Seb Knox

EVENT	TIME	ATHLETE	ATHLETE	ATHLETE	ATHLETE	EMERGENCY
HIGH	10.00am	Calum Dean				
3000m	11.30am	Ben Haseler				
SHOT	12.00pm	Calum Dean				
200m	1.35pm	Marcus Jones	Seb Knox	Darby Desmond	Callum Neideck	Nick Lefebvre
HAMMER	2.00pm	Calum Dean				
TRIPLE	4.00pm	Callum Neideck				
800m	4.25pm	Nick Lefebvre	Seb Knox	Ben Haseler	Callum Neideck	
4x400m	6.50pm	Seb Knox	Marcus Jones	Nick Lefebvre	Darby Desmond	Callum Neideck
400mH						

### UNDER 18 WOMEN - Team Captain - Bridget Neideck

EVENT	TIME	ATHLETE	ATHLETE	ATHLETE	ATHLETE	EMERGENCY
SHOT	10.00am	Georgia Bertrand	Anna Bush			Bridget Neideck
3000m	11.15am	Tess Menzies	Sacha Bennett			
400mH	11.25am	Sacha Bennett	Ellie Mclinden			
TRIPLE	2.00pm	Georgia Bertrand	Anna Bush			Ellie Mclinden
200m	3.25pm	Olivia Owen	Georgia Bertrand	Bridget Neideck	Dannielle Macaulay	Ellie Mclinden
HIGH	4.00pm	Georgia Bertrand	Anna Bush			Ellie Mclinden
800m	4.15pm	Holly Hart	Olivia Vesley	Tess Menzies	Sacha Bennett	Georgia Bertrand
4x400m	6.30pm	Holly Hart	Georgia Bertrand	Olivia Owen	Olivia Vesley	Bridget Neideck
HAMMER						

### UNDER 20 WOMEN - Lizzie Hedding

EVENT	TIME	ATHLETE	ATHLETE	ATHLETE	ATHLETE	EMERGENCY
HIGH	10.00am	Lizzie Hedding	Savannah Noack			
400mH	11.20am	Monica Clarke	Cate Gifford			
3000m	11.45am	Becky Barry	Georgina Ryan	Emme Richardson	Cate Gifford	
SHOT	12.00pm	Lizzie Hedding	Monica Clarke			
200m	3.15pm	Lizzie Hedding	Savannah Noack	Emma Delahunt	Georgina Ryan	
TRIPLE	4.00pm	Lizzie Hedding				
800m	4.35pm	Georgina Ryan	Monica Clarke	Becky Barry	Emme or Cate	Emme or Cate
4x400m	6.45pm	Georgina Ryan	Savannah Noack	Monica Clarke	Emme or Lizzie	Emme or Lizzie

HAMMER						
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